

Wellness Expo w/EcoFest

Oct 20-21, 11am-6pm • Addison Conference Centre • 15650 Addison Road • Dallas, TX

Program Guide

972-378-3770

WellnessExpo.net



100+ EXHIBIT BOOTHS



23 WELLNESS & ENVIRONMENTAL SPEAKERS



EXPERIENCE HANDS-ON DEMOS



2 Prizes:
1) 5-week Beginning Meditation Series.
2) 1-Month Yoga Classes

Sue Chadwick.....972-248-9126
 Ananda Meditation & Yoga Center

15 min. Angel Reading (\$30. value)

Dr. Tammy Ledbetter, Ph.D.
972-355-2313
 Angel Workshop

Cosmic Cleanse Aura Spray

Jaculin Dorman.....480-595-1890
 Chakra Life

SNACK ON HEALTHY FOOD

SHOP, DINE, MINGLE, PLAY, LEARN

LEARN ABOUT GREEN LIVING SOLUTIONS

DISCOVER THE LATEST IN HOLISTIC HEALTH

ENJOY MASSAGE, REFLEXOLOGY, & ENERGY HEALING

UPGRADE YOUR HOME TO RENEWABLE ENERGY

Door Prizes

Crystal

Pat Cook & Tray Bradford
214-327-3241
 Power of the Rainbow

Free Healing Session

Rorree Tillman800-935-8895
 Recipe for Prosperity

1 hour Hypnosis Session (\$95. value)

PJ Spur.....972-822-4548
 Soul Revelations Hypnosis

Handcrafted Designer Earrings

Tara Brezic.....214-837-5650
 The Gypsy Wagon

1 Hour Intuitive Reading (\$60. value)

Cassie Williams972-740-5283
 The Wishing Well

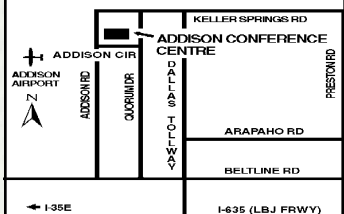
Sample pack of Xocai (The Healthy Chocolate)

John Hopkins/James Gilmore
 940-691-0825/940-322-3300
 Xocai (The Healthy Chocolate)

DIRECTIONS

Addison Conference Centre

- I-635 to the North Dallas Tollway
- go North, exit Beltline Rd
- go West 2 blocks to Addison Rd,
- go 3 blocks north to Addison Circle
- go right on Addison Circle
- on left side of the street
- next to the Addison water tower, 15650 Addison Road



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Holistic Networker

EarthDance by:





SATURDAY: Lectures & Demonstrations

11:30 AM

Connecting with Spirit: Connect with your Departed Loved Ones

Shannon Maxey, Psychic Medium
817-425-1025
Shannon will bring through messages and validation of continued existence and continuing connection from departed loved ones to some of their family and friends in attendance. Shannon Maxey C.C. Ht., Psychic Medium, works with people who are grieving, bereaved or have unresolved issues with someone who has passed. She offers private and group discernments as well as grief counseling with her husband, Graham, a Licensed Professional Counselor.

12:30 PM

What is Energy Medicine?

Dr. Margaret Clench, PhD, ThD
214-754-8080
Dr. Clench will discuss what is Energy Medicine, how does energy affect our daily living, and what thoughts impact our energy fields. Dr. Margaret Clench is the director of The Trinity Centre of Dallas. She works with clients to enable them to find an inner source of peace and self acceptance. She has a PhD in Intuition and Energy Medicine and a ThD in Spiritual Healing.

1:00 PM

Deciphering the Kaballah

Dr. Rita Louise, PhD, ND
972-475-3393
Dr. Rita Louise helps lift the veil of mystery surrounding the part of Judaism called Kabbalah. Said to have been handed down to Adam directly from God, it has been popularized by celebrities such as Madonna and Mick Jagger. It can be used to help us understand ourselves and how we experience our lives. Host of Just Energy Radio, Dr. Rita Louise, Ph.D., N.D. is a Naturopathic Physician, Medical Intuitive, Clairvoyant and founder of the Institute of Applied Energetics. Author of the book, "Avoiding the Cosmic 2x4", she represents the leading edge of holistic health and mind/body healing.

1:30 PM

Fascial Integrative Therapy for Pain Relief

Frankie L. Burget, OTR, RMT, CNDT
817-571-8135
Taking Myofascial Release principles further into the myofascial system and integrating sensory, neurological, and kinetic factors into a whole body approach and addressing the fascial system to re-educate the body for sustained relief of pain and dysfunction. Frankie Burget is a licensed and National Board Certified Occupational Therapist and Mastery Level Senior Instructor and Coordinator with Myofascial Release Centers and owner of Windsong Therapy and Wellness, Inc. in Bedford, TX.

2:00 PM

The Power of Prayer

Sheryl Hardin, Author, Unity Chaplain
972-618-2537
Research shows that prayer offers many health benefits beyond the peace of sharing a moment with the Divine. Explore the power of prayer to support your well being when focused by a quiet mind. Sheryl Hardin is the author of "Into Nothing" and "Contacting God: The Path to God through Prayer". She also serves the Unity Church of Dallas as Chaplain and is the Director of the Spiritual Writer's Association.

2:30 PM

The Truth About You

Dr. Gary Berman, PhD, DC
972-404-8650
Medical Mysticism is the union of body/mind/spirit with universal energy and a method of communicating with this energy to help you heal physically, mentally, emotionally and spiritually. Dr. Berman, medical mystic and holistic doctor with advanced and professional degrees in physics, engineering, and chiropractic, has incorporated 24 years of studies in science, nutrition, and metaphysics into transformational new systems and techniques.

3:00 PM

Forgiveness

Dr. Beth Carpenter, ND
512-707-9886
Beth Carpenter is a naturopathic doctor, psychic counselor and spiritual healer in the studies of Energy medicine with twenty plus years expertise in the communication and connections with our higher self, our angels, and spirit guides.

3:30 PM

Transmission Meditation

Betsy Whitfill
214-328-2124
This is a group meditation to 'step down' spiritual energies and make them more accessible to humanity. It is a form of service and a powerful means of personal growth. Anyone can meditate with our group (it is always free), or form their own. We meditate weekly in the White Rock Lake area.

4:00 PM

You Are Not Alone!

Jennifer Farmer
817-690-4208
Have you lost someone close to you from death? Join Jennifer, a psychic medium, in a gallery group reading. Jennifer is a nationally known Psychic Medium. Jennifer travels all over the United States and abroad providing readings and assisting others with personal spiritual development, healing relationships and resolving issues around grief and death. Jennifer has attended Arthur Findlay College, the world's foremost college for the advancement of Spiritualism and Psychic Sciences.

4:30 PM

Safe Alternatives to Toxic Cleaning Products

Larry W. White
469-348-0007
Learn how everyday chemicals around your home and workplace are affecting your mental and physical health, and find out about available, safe alternatives. Visit Larry's website at: www.thatorangestuff.com to find out about an amazing organic cleaner that is concentrated, versatile, economical and 100% guaranteed.

4:30 PM

Tai Chi Sword & Fan Demo

HeBei Wushu Institute
214-547-7663
Come outside on the lawn and enjoy this amazing Chinese Martial Arts demonstration. Master Wuzhong Jia founded HeBei Chinese Martial Arts Institute in 2002. Both private and group instruction are offered in Taiji (Tai Chi), Xingyi (Hsing-i), Bagua, Qigong, Shaolin, Sanshou, and Weapons: straight sword, broad sword, staff and spear.

5:00 PM

Earth Dance

Move Studio
972-732-0206
Come join us outside on the lawn for this Earth Dance Celebration. Improve physical fitness, flexibility, mental clarity, relaxation, stress management, and well-being at any age. Move Studio offers Hatha Yoga, Bellydance, jazz, modern, Nia, TranceDance, Ecstatic dance and more. They are located at 17062 Preston Road, Suite 108 at Campbell, in Dallas, Texas. Visit www.movestudio.com



SUNDAY: Lectures & Demonstrations

11:30 AM

Astrology & You

Cynthia Novak
metro 817-261-2984
Join Cynthia as she shares her insights on how planetary alignments can affect your life. Cynthia Novak combines over twenty years of astrological and spiritual study to bring you practical, heart-centered information.

12:00 PM

Alternative Complementary Therapies

Alan Smith, Author
972-424-3457
Holistic and natural therapy practitioners want to treat the real source of the problem and deal with all facets-mind, body and spirit. Alan will discuss how this complete approach to health care can produce dramatic results. Alan is the author of the new book, "Unbreak Your Health-The Complete Guide to Complementary & Alternative Therapies".

12:30 PM

Color & Essential Oils

Donna Reis, Certified Chromatologist, CNHP
817-788-9451
Donna will discuss the connection color has to the aura on the mental, emotional, and physical body. We will explore how to increase or decrease the necessary coloration in your aura. Donna is internationally recognized as an expert in the field of Chromatology (the study of color and light on all living things). She developed the only non-programmable aura imaging camera in the world to date, as well as the Color Vibration® Color Balancing System. She is also an internationally recognized speaker, author & educator.

1:00 PM

Messages from Spirit

Dwanna Paul
972-480-0825
This is an uplifting demonstration of Mediumship, which will relay messages from the Spirit realm. Dwanna will connect with members of the audience to bring insightful and loving comfort from Guides, Angels, and Loved Ones. Dwanna is a nationally recognized Trance Medium, Channel, Healer and Teacher. She has over 35 years of experience working with her spirit guides to bring comfort and relief to a countless number of people. Dwanna has appeared on numerous TV and radio shows, including national appearances on CBS, Fox, and A Current Affair.

1:30 PM

Greening Up Your Home

Dr. Tony Cecala, PhD
972-378-1211
Saving energy can be done by using more efficient products and by conserving. This talk covers the most effective ways to save energy in and around your home. Tony Cecala is an Independent Sales Associate and the Texas Regional Sales Director (Alt.) with Citizenre Corporation. He is also the co-publisher of the Holistic Networker and the co-producer of the Wellness Expo with EcoFest. See: solarforyourhome.com

2:00 PM

Face Reading

Dr. Fran Assaf, DC
214-528-2085
For thousands of years before diagnostic tests were in existence, Face Reading was used to evaluate health or illness. Dr. Fran Assaf will be presenting the basics of face reading to empower the lay person to learn more about their body and health. Dr. Assaf is a holistic chiropractor who supports her patients with gentle adjustments, kinesiology, CranioSacral Therapy and extensive knowledge of toxicity issues and detox strategies. In addition to her private practice, she is the staff chiropractor at the Environmental Health Center of Dallas, a clinic for severely toxic and immune compromised individuals.

2:30 PM

Constitutional Facial Acupuncture

Linda Campbell, L.Ac.
972-247-3049
Learn how Constitutional Facial Acupuncture is changing the face of aging. It is a safe, effective, painless and natural alternative to surgical procedures. Linda is a graduate of Dallas College of Oriental Medicine and Nationally Certified by NCCAOM Diplomate of Oriental Medicine. She has over 17 years of clinical experience in natural health.

3:00 PM

Yoga Tools for Strength & Flexibility

Ananda Meditation & Yoga Center
972-248-9126
Use ancient techniques to let go of stress, calm and clear the mind, recharge yourself with fresh energy & ideas, and awaken a deep sense of Inner Well-Being. Sue Chadwick is the Director of Ananda Center and has taught meditation and yoga practices for over 10 years. She has been a guest speaker/teacher at Medical City Hospital, the University of North Texas and yoga centers in the DFW area, Arizona and California.

3:30 PM

Women's Health

Dr. Jennifer Taylor, DC
972-612-1800
Womanhood is not a disease! Dr. Taylor will discuss a practical & conservative approach to women's health at every stage of life. Dr. Jennifer Taylor is a Chiropractor with over 15 years experience within the profession. She practices in the Plano area, specializing in safe, gentle chiropractic care & wellness support for your entire family.

4:00 PM

The Prosperity Formula

Rorree Tillman, PhD
972-424-3659
In this presentation, Dr. Tillman will offer a Holistic Guide to Attaining the Prosperity You Desire. Dr. Tillman has a Doctorate degree in Women's Spirituality. She has created many thriving companies, one of which is ranked in the 97th percentile on Dun and Bradstreet. She is also an internationally known healer, with clients all over the US, Bermuda and Germany.

4:30 PM

Angel Messages

Dr. Tammy Ledbetter, PhD
972-355-2313
In this workshop, learn how to release blocks, receive messages, and manifest the divine guidance from your Angels through enlightening demonstrations and exercises. Dr. Tammy Ledbetter, PhD, who is certified in Angel Therapy® by Doreen Virtue, uses her gift as an Angel Intuitive along with her formal training in transformational leadership to guide clients through major and minor life challenges.

5:00 PM

Guided Meditation

Carole Layman, LMSW, Certified Hypnotherapist
817-455-6642
Come join Carole for a guided meditation. Carole is a Licensed Masters Level Social Worker, who is also Certified as a Hypnotherapist. She offers Past Life Regressions, Life-Between-Lives Therapy and help with connecting with your guides.

Wellness Expo with EcoFest

Saturday & Sunday, October 20-21, 2007, 11AM - 6PM

Exhibitors (as of mid-September)

A Helping Hand

Cathy Battle..... 214-507-3636
Psychic counseling Tarot & Astrology services

AAA Texas

Angelea Pickett..... 214-599-7789
Auto, Home, Renters & Watercraft Insurance

Amazon Herb Company

Ron Bond..... 281-363-2001
Pure Wildcrafted Herbal Foods from the Amazon Rainforest.

Ananda Meditation & Yoga Center

Sue Chadwick..... 972-248-9126
Classes, Workshops, Sunday Fellowship, Peace, Joy!

Angel Workshop

Dr. Tammy Ledbetter, Ph.D..... 972-355-2313
Angel collectibles & keepsakes, Angel Readings

Arbonne International

Molly Laughlin..... 214-298-7195
Vegan Swiss Skincare, Aromatherapy, Hybrid Nutrition, Bio-Identical Progesterone

Autumn Journey Hospice

Ron Hollingsworth..... 972-233-0525
Home Hospice Care

Beth Carpenter, ND

Beth Carpenter..... 512-707-9886
Naturopath, psychic, medical intuitive

Butterfly Spirit Connections

Jennifer Farmer..... 817-690-4208
Psychic Medium, Intuitive Clairvoyant Readings, www.butterflyspiritconnections.com

Carolyn P. Little

Carolyn P. Little..... 817-858-0237
Holistic Visionary, Clairvoyant Medium, Inner Child Counselor

Carrollton Family Chiropractic

Dr. R. John Lehrer..... 972-418-5150
FREE Spinal Analysis Utilizing the Pro-Adjuster Technology

Center Fifth Mesa Creations

Kim Bold..... 972-939-8453
"Gaia Calling": Spirit Animal Gift Sets

Chakra Life

Jaculin Dorman..... 480-595-1890
Free Chakra Balances, Aromatherapy & Pendulums

Color Vision

Donna Reis..... 817-788-9451
Aura Photography and Color Therapy Products

Crystal Quartz Depot, Inc.

Wayne Darling..... 210-867-5680
Crystals, minerals, tingshas, statues, jewelry

Dallas Maum Meditation Center

Taeho Lee..... 469-235-5648
Meditation

Dr. James Blum, C.C.N., Dip.Ac.

Vicky Blum..... 972-516-1500
Acupuncture, Chiropractic, Applied Kinesiology, Homeopathy, Nutrition

Dr. Rita Louise, ND, PhD

..... 972-475-3393
Medical Intuitive Evaluations

Dwannna Paul

..... 843-298-4062 or 972-480-0825
Spiritual Medium, healer, Teacher

Earth Rhythms: Winter SolstiCelebration

Amy Martin..... www.earthrhythms.org
Earth Rhythms: Winter SolstiCelebration, spiritual events, nature

Ecoquest Air Purification

Ron Carlo..... 214-585-4947
Power of Living with Fresh Air

Energy Dynamics

Cynthia Shaw..... 972-991-2097
Multi-Dimensional Transformational Healing

EPFX Machine

Rick Dale..... 214-725-8764

Essential Solutions

Eldon Knittle..... 972-442-7388
Essential oils, nutritional supplements, personal care.

European Psychic Lai

Lai Ubberrud..... 832-646-3297
Winner of best psychic award-Houston Press..
www.laiubberud.com

Focused Mind Center-Our Marvelous Minds

Karen Callihan..... 972-464-7466
Neurofeedback for ADD/ADHD, Anxiety, Depression, PTSD & more.

ForMor Independent Representative

Karen Ann Tompkins..... 972-669-1595
Digital Pulse Analyzer Cardiovascular Artery Screening.

Freelife Independent Distributor

Jeremy Andrews..... 903-655-1464
Himalayan Goji Juice

Gerrit Woning, Ex. Dir.

..... 214-957-7302
Stem Enhance™ Stem Cell Nutrition

Grapevine Chiropractic/Taylor Family Chiropractic

Dr. Christy Porterfield..... 817-310-3937
Corrective Chiropractic Care

Green Mountain Energy

Customer Service..... 866-473-3689
100% Pollution-free electricity!

Harrington Chiropractic Center

Dr. Kent Harrington, DC..... 972-238-1373

HennaTattoosDallas.com

Karen Weiss..... 972-661-3092
Henna, art work & Jewelry by Karen Weiss

Holistic Networker

www.HolisticNetworker.com..... 972-403-0940
Free guide to wellness & personal growth

IAB/Freedom for Life

Dr. Greg..... 877-777-9459
Join Dr. Greg in affordable wellness & healthcare.

Inquire Within Counseling & Development Center

Shannon & Graham Maxey..... 817-425-1025
A counseling and mediumship practice.

Ke Kino Institute of Healing & Ke Kino Massage Academy

Sharon Jahn..... 972-509-5588
Wellness Clinic & Massage School

Ki Steelman, BA, CST, CHT

YogaKi, LLC..... 214-228-4009
Personal Coach & Board Certified Hypnotherapist.

Li Chiropractic & Acupuncture

Dr. Li..... 972-423-5008
Free health screenings and consultation

Looks

Crystal Pollard..... 214-977-8203
Health, Beauty & Fitness Magazine

Mannatech

Betty Huber..... 972-382-2290
Wellness Nutrients & Optimal Skin Care.

Messages of Joy

Joy Kauf..... 972-221-8080
Spiritual Center, Books, Jewelry, Crystals, Gifts

North Dallas Therapeutic Center

Pam Stevens..... 972-458-8300
Craniosacral-Come Experience This Relaxing Technique

North Texas Hypnosis Spa

Rob Gray..... 972-872-5400
Fat Loss Workshop

NuSkin Enterprises Pro-Derm

Paula Davis..... 972-788-1956
Anti-Aging with Guaranteed Results!

Oasis of Health

Olivia Nino, RN, Alternative Health Educator..... 817-602-0725
Specializing in Gastroenterology and Women's Health.

On-the-Mark Face Reading

Sandra Williams..... 817-531-1661
Corporate Services • Seminars • Personal Consultations • Entertainment

Organicity

Nikolini Sokolata..... 214-954-0303
Greek Organic Restaurant-brunch, dinner & lunch.

Original Limu

Carol Taylor..... 469-441-3588
Best tasting super-food on the planet!

People's Chiropractic & Wellness Ctr

Dr. Edna Craven, D.C..... 972-256-0004
Iridology, Fat Analysis, Blood Pressure

Pharmanex

Diane Patterson..... 972-743-8902
Antioxidant scanner - Get your number

Power of the Rainbow

Pat Cook & Tray Bradford..... 214-327-3241
Metaphysical Crystals, Gems & Minerals

Raindance Trading Co.

Matt Lewis..... 214-529-2679
Chi Energy Generators/Reiki Healing Tools

Recipe for Prosperity

Rorree Tillman..... 800-935-8895
Transformational Life Coach and Shakti Healer

Reflexology by Tony

Tony or Blanche Barrientez..... 214-529-7745/210-573-5895
Rejuvenate and improve circulation

Robert Caruso

Psychic Medium..... 469-546-8017
www.robertcarusoonline.com

Royal Wellness Center

Dr. Julie Royal, DC..... 214-324-5800
Alchemy of Mind, Body & Spirit

Sandy Hanne, RMT, Reiki Master

..... 469-438-8634
Advanced Cranio-Sacral Therapy, Massage

Sokolata

Kay, Ann, Olina & Alexis..... 214-999-0939
No sugar chocolate-personal, corporate gifts.

SolarForYourHome.com

Tony Cecala, PhD..... 972-378-1211
No system purchase, no installation cost, no maintenance fees.

Soul Revelations Hypnosis

PJ Spur..... 972-822-4548
Past Life Regression - Life Between Lives

Spirit Quest Associates

Chris & Ginger Pennell..... 832-797-1888
Kinetic Chromotherapy, Himalayan Salt Lamps & Jewelry

Spiritual Fitness Center

Sunnie Murphy..... 972-690-1887
"Creating a Link Between Heaven and Earth"

Subtle Energy Education

Mark Youngblood..... 817-430-4640
Experience the Power of Quantum Clearing!

That Orange Stuff!

Larry W. White..... 469-569-1511
Organic Cleaner

The Alternative Care Network

Roberta Langley..... 214-228-5481
Website for Alternative Care Providers.
www.alternativecarenet.com

The Extreme Pita

SE corner of Bellline & Montfort..... 972-980-0432
Feel good about what you eat!

The Gypsy Wagon

Tara Brezic..... 214-837-5650
Handcrafted Designer Jewelry

The Healing Zone

Dr. Gary Berman, PhD, DC..... 972-404-8650
Medical Mysticism

The Holistic Warrior

Thomas Nolan, III, Ph.D..... 405-360-1700
Readings, Energy Balancing, Dream Interpretation

The Wishing Well

Cassie Williams..... 972-740-5283
Intuitive Psychic Medium

TOMATEX, LLC

Irina Akopova, PhD..... 817-992-4540
S.C.E.N.A.R. Energy healing technology

Transforming Dragons

Gerald Vind..... 214-686-7652
Audio personality transformation program.

Transmission Meditation

Betsy Whitfill..... 214-328-2124
World Service and Personal Spiritual Development

Unity of Richardson

Rev. Chuck & Sunnie Murphy..... 972-690-1887
Sunday Worship Services, 11:00am.
www.unityofrichardson.com

Vemma -The Johnson Group

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The most complete Liquid Nutrition Program.

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Anthony Barrientez, Jr..... 214-529-1435
Via Viente- The finest blend of healthful Antioxidants.

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All-in-one, natural, liquid supplement

Windsong Therapy & Wellness, Inc.

Frankie L. Burget, OTR, RMT, MI, CNDT, FAc..... 817-571-8135
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John Hopkins/James Gilmore..... 940-691-0825/940-322-3300
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Natural Solutions Foundation

Dr. Rima Laibow, MD...www.healthfreedomusa.org
Change CODEX laws; come to health freedom rally

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University of Metaphysical Sciences

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Higher Education for Spiritual Unfoldment