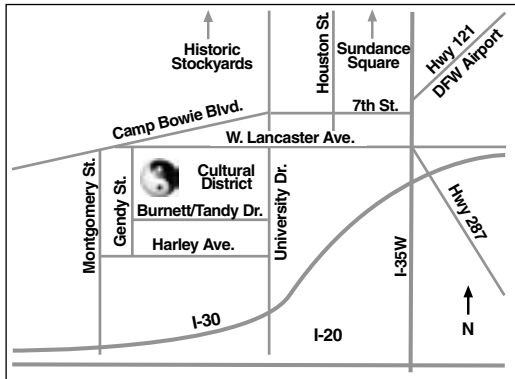


# Wellness Expo

Saturday & Sunday, February 27-28, 2010, 11am - 6pm

## PROGRAM GUIDE



Will Rogers Memorial Center  
1579 Gendy St • Fort Worth, TX

### Sponsors

**Holistic  
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972-378-3770 • WellnessExpo.net

**11:30 am****Healing with Sound**Nancy Byers  
972-424-1217

Nancy will demonstrate the Language of Light, which is a vibrational healing technique. After experiencing the Language of Light, many report feeling more empowered, having a sense of remembering the essence of who they really are, and experiencing a sense of physical well-being. Over the last 20 years, Nancy has developed an ability to express this language. She has helped hundreds of people all over the world with her gift.

**12:00 pm****Messages from Your Higher Self**Rev. Pat Raimondo  
817-237-7840

Rev. Pat sees the auric energy and hears the voice from your higher self. She will share this information with selected audience members. Rev. Pat Raimondo is the pastor and founder of the Universal Light of Christ Church in Lake Worth, Texas and Melbourne, Florida. She has been doing intuitive readings for 40 years. She's the author of the Teachings of Light series.

**12:30 pm****The Law of Attraction's Secret Ingredient**Melissa Cantrelle,  
Life Coach, NLP Master  
214-717-3321

The Law of Attraction is not effective just by thinking about what you want to attract. Join visionary life coach, Melissa Cantrelle, and learn the secret ingredient and valuable tools you can use to keep your attractor feelings positive all the time. For over 15 years, Melissa has been coaching individuals and groups to bring their inspired visions to life by removing obstacles and focusing on feeling good. She is the co-author of "The Self-Esteem Playbook," "The Visioning Playbook" and facilitator of monthly Visualization workshops. Learn more at: [www.catalize.com](http://www.catalize.com)

**1:00 pm****How to be a Happy & Effective Human Being**Paul John Roach  
817-423-2965

Having more things or money is not a guarantee that life will be richer or happier. In this talk we look at ways to achieve true happiness. Paul John Roach is the senior minister of Unity Church of Fort Worth. He is the host of the radio show on unity.fm, a writer and local environmental activist.

**1:30 pm****The Emotional Component to Fascial Integrative Therapy**Frankie L. Burget, OTR, RMT, CNDT  
817-571-8135

Taking Myofascial Release principles further into the myofascial system and integrating sensory, neurological, and kinetic factors into a whole body approach and addressing the fascial system to re-educate the body for sustained relief of pain and dysfunction. Frankie Burget is a licensed and National Board Certified Occupational Therapist and Mastery Level Senior Instructor and Coordinator with Myofascial Release Centers and owner of Windsong Therapy and Wellness, Inc. in Bedford, TX.

**2:00 pm****Ways to Reduce Breast Cancer Risks**Jennifer Trejo, Traditional Naturopath  
817-847-8216

This talk will focus on breast health. Jennifer Trejo will discuss the importance of thermography, as well as lifestyle, nutrition and environmental factors. Jennifer Trejo is a Traditional Naturopath at the Abundant Life Wellness Center in Grapevine, where she specializes in Thermography, Hormone Balancing and Allergy Elimination. Visit: [www.abundantlifewellnesscenter.com](http://www.abundantlifewellnesscenter.com)

**2:30 pm****Wellness and the Subconscious Mind**Dr. Gary Berman, PhD, DC  
972-404-8650

The majority of people fall into one of two primary subconscious stages, which dictate a person's outward behavior, as well as their interpretation of the world around them. Please join Dr. Berman as he demonstrates the practicality and power of this understanding on a person's health, wellness and success in the world. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

**3:00 pm****How to Stay Young the Natural Way**Dr. Nicole Sharp, DC  
817-735-3839

Dr. Sharp will be talking about how to take the natural path in keeping yourself young, healthy, and mobile as you age. She will be presenting some natural therapies that keep you living optimally throughout the years. Dr. Sharp is a chiropractic doctor at Natural Health Chiropractic that focuses on natural therapies to help her patients achieve complete well being.

**3:30 pm****The Nia Technique: Mind/Body Fitness**Lynda "Cricket" Hackney, RYT,  
Nia Black Belt  
817-423-5400

The Nia Technique is a workout that combines the elements of martial arts, dance arts, and healing arts. Nia uses dynamic, expressive, systemic movement to condition the body, enliven the senses, and stimulate the mind. The practice can be adapted to any level of fitness. Cricket is the Manager of Moving Arts Studio at Artisan MedSpa Laser and Wellness. She is a Black Belt instructor of the Nia Technique, a yoga therapist, who teaches yoga classes and offers private yoga therapy, as well as Thai yoga massage.

**4:00 pm****Psychic Development**Sandy Winnette, Author, Psychic  
817-268-5544

Sandy will discuss how to develop your psychic ability through the vine of life. For over 30 years Sandy has been a Psychic Reader, Hypnotherapist, Author and teacher of Psychic Development & Tarot. Visit her on [www.PsychicDevelopmentRadio.com](http://www.PsychicDevelopmentRadio.com) and [www.sandywinnette.com](http://www.sandywinnette.com) and listen to her at 10am central time on the first Sunday of every month on CRNTalk.com Radio on the Robin Zodiac show.

**4:30 pm****Bioenergetic Testing**Dr. Benjamin Thurman  
817-850-9911

Dr. Thurman will discuss prioritizing and treating toxic stressors. Dr. Benjamin Thurman began his practice as an anesthesiologist and became interested in other ways to treat people's pain. He then went to China and began his journey into an integrative holistic medicine practice.

**5:00 pm****Crossroads: Messages from Spirit**David Scott, Psychic Medium  
817-637-4213

Join David in an open gallery where he will make personal connections and help selected audience members receive messages from spirit. David's been channeling spirit for several years and his goal is to assist others in gaining clarity and insight as they embark on their own Spiritual quest and understanding. David will be attending the Arthur Findlay College in the UK in October, 2010 taking a "Training for Mediumship" program. Visit [www.davidscottspychi.com](http://www.davidscottspychi.com)

**11:30 am****Astrology & You**Cynthia Novak  
817-261-2984

Join Cynthia as she shares her insights on how planetary alignments can affect your life. Cynthia Novak combines over twenty years of astrological and spiritual study to bring you practical, heart-centered information.

**12:00 pm****Inner Guidance Made Easy**LaRue Eppler  
940-365-0200

LaRue will show you how Infinite Wisdom is always communicating to you—even when you think it isn't. You'll learn why you sometimes have difficulty receiving Spirit's communication, and what to do about it. Watch a demonstration of Spirit communicating with an audience member and marvel as it unfolds before your very eyes. LaRue Eppler is the developer of Evolutionary Kinesiology, an international course leader and speaker, popular radio guest, transformational facilitator and co-author of "YOUR ESSENTIAL WHISPER: Six Distinct Ways to Recognize, Trust, and Follow Inner Guidance with Absolute Certainty!"

**12:30 pm****Views from the Other Side**John Capello  
214-279-0039

Join John Capello...Visionary...as he presents views from the other side. This is a special time when amazing information comes to us from the Spirit World. John is a Visionary, who offers classes, Galleries, parties, Meetups and private readings. Visit [www.VisionaryWVorkshop.com](http://www.VisionaryWVorkshop.com)

**1:00 pm****Divination Card Demo**Donna Reis, Certified Chromatologist, CNHP  
817-788-9451

Come join Donna as she demonstrates how to use Divination cards for fun and insight. Donna is a Certified Chromatologist, CNHP, Certified Ionic Researcher, and Certified in Emotional Release with Essential Oils.

**1:30 pm****Medical Intuition**Dr. Rita Louise, PhD, ND  
972-475-3393

Dr. Louise will illustrate how our thoughts and emotions impact our health, as well as ways in which to assess our own emotional health. Host of Just Energy Radio, Dr. Rita Louise, Ph.D., N.D. is a Naturopathic Physician, Medical Intuitive, Clairvoyant and founder of the Institute of Applied Energetics. Author of the book, "Avoiding the Cosmic 2x4"; she represents the leading edge of holistic health and mind/body healing.

**2:00 pm****Shed the Pounds Without the Rebound!**Dr. Andrea Milne, DC, CCSP  
817-572-0072

Cleansing (also known as detoxification) is the process of addressing the toxins in the body. In this talk Dr. Milne will explain how you can improve overall health, increase energy, tone the body and best of all—lose weight. Dr. Andrea Milne blends the natural approach of chiropractic therapies with advanced options for your Holistic Health. Your personal attention and professional alternatives for your Best Care are her purpose in practice.

**2:30 pm****Wellness and the Digestive System**Dr. Gary Berman, PhD, DC  
972-404-8650

The digestive system is the primary source of our physical wellness, yet is the most overlooked component of wellness. In this fascinating presentation, Dr. Berman will explain how this system affects all parts of your physical health and how most illnesses have their roots in the dysfunction of the digestive system. Dr. Gary Berman, PhD, NMD, DC is the founder of the InnerRx Institute in Dallas, a chiropractic, wellness and education center dedicated to the teaching and practice of achieving wellness on all levels. Dr. Berman's formal training as a physicist and research engineer has helped develop a unique and highly effective approach to wellness.

**3:00 pm****Sacred Symbols**Merrily Smith  
972-447-0990

Merrily will give you 18 symbols in meditation, which will provide you with images that you will write down. She will then give you intuitive insights about your images. Merrily Smith is the Holistic Helper, serving the holistic and New Age Community for over 25 years. She is a Licensed Unity Teacher, based at Unity Church on Forest Lane. Her books, "Sacred Symbols" and "The Sacred Language of the Self", as well as interviews with holistic and spiritual presenters, are available on her website: [www.holisticradioshow.com](http://www.holisticradioshow.com)

**3:30 pm****Natural Allergy Elimination**Kim McLaughlin, LAc  
817-882-9750

With almost 30 years of experience as a pharmacist and over 10 years as an acupuncturist, Kim understands both Western and Eastern medicine. She has a Masters in Acupuncture and Oriental Medicine and combines Traditional Chinese Medicine with other forms of healing and allergy elimination techniques, herbal therapies, homeopathics, flower essences and essential oils. She owns The Center for the Healing Arts.

**4:00 pm****Guardian Angels in Action**Carol Lee, CHTP, CQTP/Instructor,  
Spiritual Consultant  
817-426-0305

In this fun-filled interactive presentation the intention is for you to Meet your Guardian Angels. Your Guardians are here on Earth with you every second of the day and it is time to connect and communicate with them. Carol's certifications, training and practice include Quantum Touch Practitioner/Instructor, Certified Healing Touch Practitioner, Certified EFT Practitioner 1, Advanced Reiki Practitioner and Medical Intuitive Training. Carol has been an Ordained Licentiate Minister since 2003 and is certified in Angel Therapy® with Doreen Virtue.

**4:30 pm****Intuitive Communicator**Sandra Larson  
972-955-2756

Bring photos of your past and present animals for Gallery readings. Sandra will also explain the CLARAC Approach to Intuitive Communication. Sandra is an intuitive communicator who talks with animals (and special needs children) world-wide. Journeying with her as a Soul Coach is 'Spa Experience for the Soul'!

**5:00 pm****You Are Not Alone!**Jennifer Farmer  
817-690-4208

Have you lost someone close to you from death? Join Jennifer, a psychic medium, in a gallery group reading. Jennifer is a nationally known Psychic Medium. Jennifer travels all over the United States and abroad providing readings and assisting others with personal spiritual development, healing relationships and resolving issues around grief and death. Jennifer has attended Arthur Findlay College, the world's foremost college for the advancement of Spiritualism and Psychic Sciences.

# Exhibitors

## 2002

Pamela Copus ..... 972-384-0900  
Music for a celestial journey

## A & M Chiropractic Wellness Centre

Dr. Andrea Milne ..... 817-572-0072  
Weight Loss: The by-product of eliminating toxins from your body

## A New You-Massage Plus

Don M. Williams ..... 817-925-8933  
Lymphatic Drainage Therapy.  
www.lymphaticdrainagepro.com

## Advanced Diabetic Solutions, LLC

Ira Nunley ..... 469-363-6914  
Talking glucose monitors & diabetic shoes.

## Amazon Herb Company

Ron Bond ..... 281-363-2001  
Pure Wildcrafted Herbal Foods from the Amazon Rainforest.

## Angel Therapy & reader

Carol Lee, HTCP, ATP, CQTP/  
Instructor  
..... 817-426-0305/817-879-7320  
Angel Therapy & reader

## Angie Miller

Angie Miller ..... 682-323-6683  
Animal Totem Reader & Advisor

## Barefoot Books

Amy Moore ..... 817-874-1658  
Beautiful children's books for healthy kids.

## Beth Carpenter, ND

..... 512-707-9886  
Psychic, Tarot, Angels, Past Lives

## Bleach Bright

BleachBrightNorthTexas.com  
..... 817-675-5598  
Your DFW Premier Mobile Teeth Whitening.

## Carolyn P. Little

..... 469-867-0676  
Visionary Clairvoyant, Inner Child Counselor, Medium

## Catalize

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..... 214-717-3321  
Upgrade Your Life: Self-Esteem, Coaching & Superfoods

## Center for the Healing Arts

Kim McLaughlin ..... 817-882-9750  
Acupuncture and Energy Healing Clinic

## Ceres Living

Alison Thomas .....  
StemCellHealthToday.com  
AIO Premium Cellular Health Nutriceutical

## Certified Quantum-Touch® Instructor: The Cowtown Mystic

Rev. Patricia Moore  
..... 817-236-8080/254-855-6949  
Demonstrating Quantum Touch Healing

## Change-Works Healing & Hypnosis Center

AnnMarie Touchette ..... 817-528-8841  
Medium & Tarot Reader, Speaker & Educator

## Cherb Chronicles

Cindy L. Herb ..... 972-274-3573  
Numerologist/Relationship Reader/  
Spiritual Speaker-Author

## Chiro Plus Clinic, South

Dr. Randal Crabtree, D.C.  
..... 817-263-2922  
"Empowering People to Live Well"

## Color Vision

Donna Reis ..... 817-788-9451  
Aura Photos, ColorTherapy  
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## Cosmic Counselor

Bob Dahdaleh ..... 214-538-2735  
Feng Shui, Law of Attraction Coach

## Coyote Sisters Walking Sticks

C. Lawren Jensen ..... 817-453-4911  
Walking sticks, creekbed glass  
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## David Scott- Psychic Medium

David Scott ..... 817-637-4213  
Psychic Medium/Intuitive

## Divine Center of Yoga

..... 817-431-YOGA (9642)  
Yoga studio and massage for everyone.

## do Terra

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## Dorey Aromatherapy & Dorey Design Jewelry

Mary Ellen Dorey ..... 972-567-3962  
Handmade aromatherapy medicinal  
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## Eckankar of Dallas

Austin Audu ..... 972-820-0530  
Religion of the Light and Sound of  
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## Eco Water Texas

Craig Christianson ..... 817-504-5045  
Whole Home Water Treatment.  
Ecowatertexas.com

## Essential Solutions

Eldon Knittle ..... 972-442-7388  
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Supplements, Personal Care

## Evolv Health

Betty Andrade ..... 972-822-6500  
Archaea active oxygenated water.

## F.I.R.E.

Matt & Jackie ..... 469-688-3912  
Empowerment, Enlightenment,  
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## Fitline & Beautyline

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Patented nutritional & beauty  
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The Language of Light-A vibrational  
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## Healthy Horizon Wellness Center

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Weight Loss; The by-product of  
eliminating toxins from your body.

## Heavens Arts

Heather Honziker ..... 817-706-8441  
Astrologer, Relocation Charts, Author,  
Healer, Teacher

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Free guide to wellness & personal  
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## Holographic Sound Healing

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[www.sozolife.com/inspired-nutrition](http://www.sozolife.com/inspired-nutrition)

## Jodi Lovoi- Teacher/ Consultant

Jodi Lovoi.....817-550-8550  
Akashic Record Classes and  
Consultations

## Journey of Life Game

Kathleen Wildwood..... 866-594-4880  
A Game for Self-Awareness

## Juice Plus+

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Fruit & Vegetables capsules &  
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Change Your Water...Change Your  
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## Lisa Cannon-Psychic Medium

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## Max International

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We stop aging at its source.

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Chiropractic, Spinal Decompression,  
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..... 405-360-1700  
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Wellness of Body, Mind & Spirit

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www.lymphaticdrainagepro.com

## **Acupuncture Wellness Community Clinic**

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Wellness of Body, Mind & Spirit

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Addison Conference Centre

Fort Worth • August 14-15, 2010  
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Messages of Joy

## **Up to 2 Hours Feng Shui Consultation (\$150. value)**

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2002

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Angie Miller

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.....214-717-3321  
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## **Sterling Silver Earrings**

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## **30 minute massage**

Kim McLaughlin .....817-882-9750  
Center for the Healing Arts

## **Crystal**

Pat, Tray or Fall .....817-261-6300  
Power of the Rainbow

## **Spiritual Book- "Awakening the Spirit: The Open Wide Like a Floozy Chronicles"- Author Cindy L. Herb**

Cindy L. Herb .....972-274-3573  
Cherb Chronicles

## **Guided Healing Meditation CD by Rev. Pat**

Rev. Pat Raimondo.....817-444-9503  
Universal Light of Christ Church

## **Deck of Simply Intuitive Cards**

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